vjk korte baan25: Session: 2: COACH evaluation sheet for TEAM: ZB

Coachinfo: Warming up from: 13:00 untill 13:45. Teamleadmeeting @   Relay line-up input: The listed starttimes are indicative!

PB => Personal Best time   SB => Seasons Best time: Season starting point: first of September.

Event number: 5: 100M FREESTYLE MEN 11-12   Heat:11, starttime: 14:18

Heat: 11/17   Lane : 2   Athlete: VANHAECKE LOWIE   **Q-time: 01:10:67**

PB (25m pool): 01:10.67 Zwevegem 11/05/2025   PB (50m pool): 01:10.75 **SB:** 01:10.80 Diksmuide   12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:34.24		01:10.67	
		00:34.24		*00:36.43*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 6: 100M BREASTSTROKE WOMEN 11-12   Heat:14, starttime: 14:58

Heat: 14/15   Lane : 4   Athlete: GHEKIERE JUNE   **Q-time: 01:26:95**

PB (25m pool): 01:26.95 Diksmuide 12/10/2025   PB (50m pool): 01:26.73 **SB:** 01:26.95 Diksmuide   12/10/2025

	2 5 M	5 0 M	7 5 M	1 0 0 M	
PB		00:40.55		01:26.95	
		00:40.55		*00:46.40*	
	. . : . . : . .	. . : . . : . .	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 7: 50M BUTTERFLY MEN 11-12   Heat:2, starttime: 15:04

Heat: 2/17   Lane : 3   Athlete: VANHAECKE LOWIE   **Q-time: 00:44:84**

PB (25m pool): 00:44.84 Diksmuide 17/11/2024   PB (50m pool): no time **SB:** no time

	2 5 M	5 0 M	
PB		00:44.84	
		00:44.84	
	. . : . . : . .	. . : . . : . .	

Coach feedback:

Event number: 8: 50M BUTTERFLY WOMEN 11-12		Heat:4, starttime: 15:27
Heat: 4/15 Lane : 7 Athlete: GHEKIERE JUNE		Q-time: 00:42:71

PB (25m pool): no time   PB (50m pool): 00:42.71 **SB:** no time

	2 5 M	5 0 M	
PB		no time	
		no time	
	. . : . : . .	. . . : . : . .	

Coach feedback: